

## Food Storage Self Sufficiency Survival Preparedness

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*Food Storage: For Self-Sufficiency & Survival. There are a few givens in preparedness. One of those givens is that you SHOULD be prepared with food! There are many ideas and opinions on how to be prepared with food storage. Some will tell you that you need to have MRE's.*

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*Food Storage for Self-Sufficiency and Survival: The Essential Guide for Family Preparedness: Paskett, Angela: 0035313659393: Amazon.com: Books.*

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*10/5/2014 · Food Storage for Self-Sufficiency and Survival, is a book I would recommend to EVERYONE – whether you care about food storage or not. She doesn't miss a single detail and the best part is you learn how you can use your food storage in your everyday life – not just when a disaster strikes.*

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*6/7/2011 · Dan wrote: I was about 1/3 through your book "How can I be prepared with self-sufficiency and survival foods?" when the floods hit Grantham, with us in the house. Thanks for info in your book, as I was able to use some of the info to help my wife, daughter and I ...*

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*7/5/2014 · Food Storage for Self-Sufficiency and Survival. The Essential Guide for Family Preparedness. Angela Paskett*

### **Food Storage for Self-Sufficiency and Survival by Angela ...**

*16/5/2014 · This post is by Bernie Carr, apartmentprepper.com I had an opportunity to review a copy of Food Storage for Self-Sufficiency and Survival by Angela Paskett.. I like the way the book is organized, with a separate chapter covering food needs for 72 hours, short term emergencies (two weeks to three months) and long term emergencies (three months or longer).*

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