

The Positive Birth Book A New Approach To Pregnancy Birth And The Early Weeks

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Milli Hill is a journalist, author and the founder of the Positive Birth Movement. Her first book, The Positive Birth Book, was published in March 2017 to wide acclaim, immediately becoming an Amazon bestseller and remaining one of the most popular books for pregnant women ever since.

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A really wonderful resource Karen Hall on 21st Mar 2017 This is an interesting and extremely thorough manual for birth, written by Positive Birth Movement founder Milli Hill, whose passion for improving childbirth shines out of every page.

The obvious comparison is with 'How to Grow a Baby and Push It Out,' being published around the same time and for a similar audience.

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